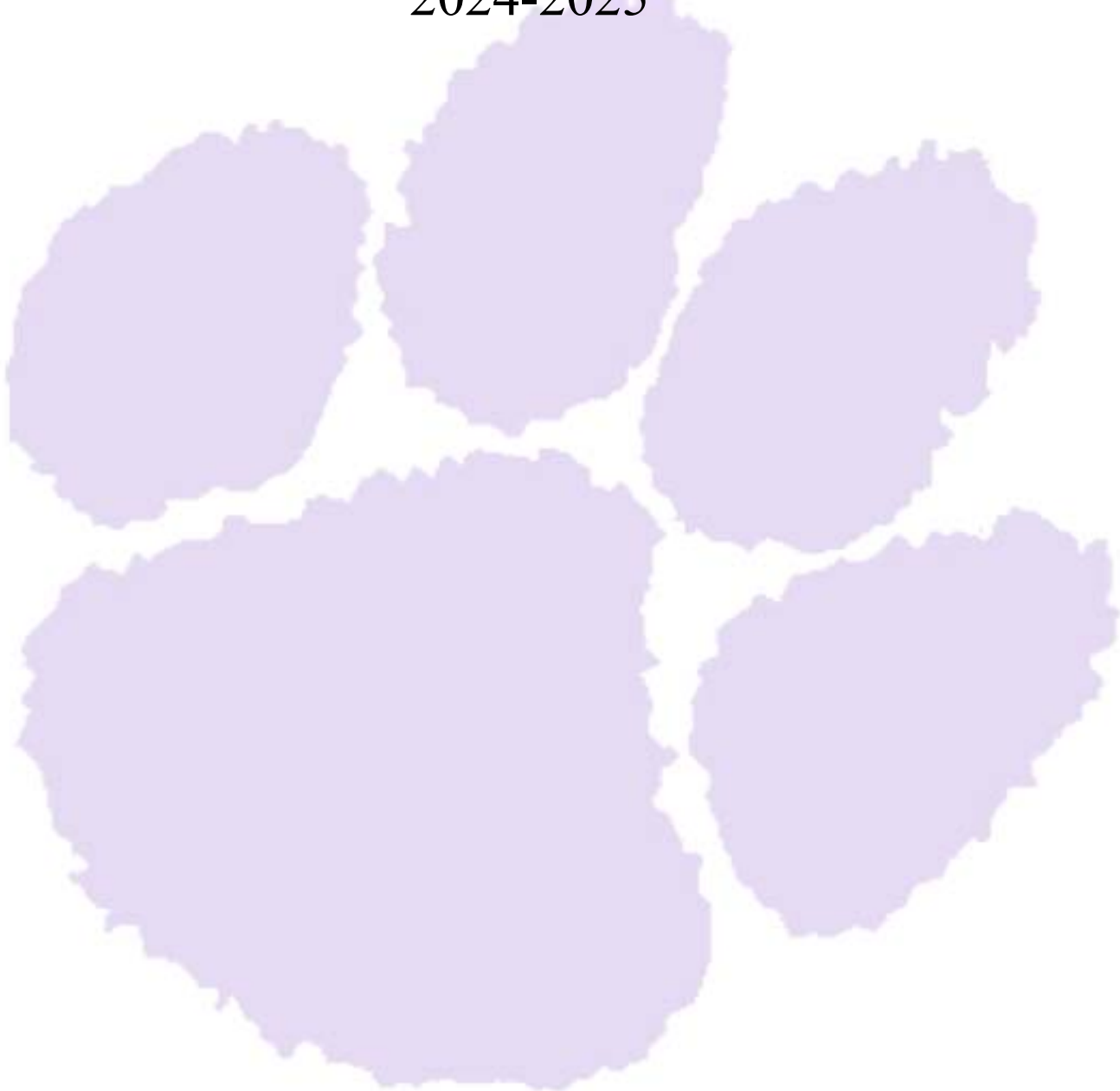


Athletic Policy Handbook

2024-2025



This policy handbook serves as a guide, answering some of the questions that will concern you during the course of the year. We realize many things will come up during the year that will not be answered in this Policy Handbook. Athletics is meant to be a positive experience for all student-athletes. (In case of conflict between the Athletic Department Manual and Board Policy or the Student Code of Conduct, Board Policy will prevail.)

If a situation arises that is not covered in any CSCISD policies or handbooks then the situation will be handled at the coach's discretion. Please call the Athletic Office if you have any questions or concerns.

CSCISD APPROACH TO ATHLETICS

Every one of you wants to start on a team. Unfortunately, not all of you will. The coaching staff must determine who will start. Consequently, we feel it is important for you to understand how we will decide on depth charts as progresses. The following five points will be:

1. **KNOWLEDGE OF ASSIGNMENTS**: We cannot and will not play athletes who do not know their assignments. Your coach will spend extra time with you if you so desire. Everyone can and should know their assignments.
2. **HUSTLE AND EFFORT**: Everyone will be expected to give 100% at all times. Your teammates will be giving 100% and they will expect you to do so also. Extra effort wins games. Everyone can and should give 100%.
3. **MENTAL TOUGHNESS**: All athletes will be challenged mentally during their season, as well as off-season. ALL athletes can improve their mental toughness. Athletics is intended to be rigorous and not to be a glorified physical education class.
4. **CONTRIBUTION TO THE OVERALL TEAM**: The individual who motivates their teammates to do better, is always enthusiastic and ready, will make a greater contribution than the one who does not possess this quality. The athlete who hates to lose is an invaluable player. Everyone wants to win, but what we are looking for are people who can't live with losing.
5. **TALENT**: If the above four characteristics are equal, and they should be, then the athlete who has the most talent, makes the big plays, will start. However, talent will not enter into our evaluation until we look closely at the first four qualities. Obviously, if you are injured, it will difficult for us to evaluate you.

We will give every athlete an opportunity to earn a position on our team. It's our desire to play as many people as possible, but obviously we cannot play everyone. The above information is provided so that you will know exactly how we will evaluate you. Our best athletes will lead us to a championship. Our main concern is to be as fair as possible with you and to be truly honest. If you do not feel that you are being treated fairly, see your coach. In the event you are still not satisfied, then come see the Head Coach. We are here for the same reasons you are:

1. **See that you get an education and a diploma**
2. **See that you mature and grow as a man or a woman**
3. **See that you have the best team possible**

EXPLANATION OF ATHLETICS

Both parenting and coaching are extremely different vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide a greater benefit to children. As parents, when your children become involved in our program, you have the right to understand what expectations are placed on your child. This begins with clear communication from the coach of the child's program.

Communication you should expect from your child's coach:

1. Philosophy of the coach
2. Locations and times of practices and games
3. Team requirements, e.g., practices, special equipment, out-of-season conditioning

Communication coaches expect from parents:

1. Concerns expressed directly to the coach
2. Notification of any schedule conflicts well in advance

As your children become involved in the programs at CSISD, they will experience some of the most rewarding moments of their lives. It is important to understand that there may be times when things do not go the way you or your child wishes. At these times, discussion with the coach is encouraged. Examples of these situations include the treatment of your child, ways to help your child improve, concerns about your child's attitude, or academic support.

It is very difficult to accept your child not playing as much, when, or where you may desire. It will be the coach's discretion to make all decisions about playing time or position for individual students-athletes, regardless of the score of the game or the personal feelings of the student-athlete's parents.

Coaches are professionals. They make judgments based on what they believe to be best for all students involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things should be left to the discretion of the coach. **Examples include: Team strategy, other student-athletes, playing time, etc.**

There are situations that may require a conference between the coach and the parent. These are encouraged. It is important the both parties involved have a clear understanding of the other's position. **There will not be a conference regarding playing time without the student-athlete and coach present.**

When these conferences are necessary, the following procedures should be followed to help promote resolution:

1. **Call the coach to set up an appointment**
2. **If the coach cannot be reached, call the athletic office. A meeting will be set up for you.**
3. **Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.**

If the meeting with the coach does not provide a satisfactory resolution, the next step is to set up an appointment with the Athletic Director.

Since research indicates that a student involved in extracurricular activities has greater success in adulthood, the athletic programs have been established. Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school.

CSCISD ATHLETICS

According to University Interscholastic League rules, **BEING IN ATHLETICS IS A PRIVILEGE, NOT A RIGHT**. Only those students who abide by school and athletic policies will be allowed to represent CSCISD.

When young men and young women sign up for athletics and become a member of a team, they make a commitment. They are obligated to follow the rules and regulations of the program. They are not forced to participate. It is voluntary; therefore, they are expected to follow the rules of order.

Parents and Guardians should strive to help their sons or daughters to achieve success in athletics. Success is defined as participating at 100% of the individual's ability.

We can never expect to do more than they are capable. However, we do want them to obtain their fullest potential. Supportive parents can instill this desire in student-athletes long after their playing days are over by seeing that the student is on time, attends practices and games, and follows the rules and regulations.

***Your support is appreciated, however; a ticket is a privilege to observe the contest, not a license to verbally assault or be generally obnoxious. This privilege may be taken away if abused.**

Parents, please be considerate of all coaches, officials, and managers. They are giving up their own personal time to provide your child an opportunity to play.

Cheering will take the form of encouragement. No coaching or negative words aimed at any player, coach, manager, or official will be permitted.

Parents, Fans, Students, and Community Members Ejected from a Contest or Event:

Anyone that is ejected from a game or contest by the CSCISD administration, official, or police officer will meet with the CSCISD superintendent and campus administrator before attending another contest or event. It is the responsibility of the ejected individual to schedule the meeting. Coaches, sponsors, and directors involved in the contest or event, which the ejection occurred, will be present at the meeting. Administrative concerns will be reviewed at the meeting and dismissal from future contests or events shall be an option.

REQUIREMENTS TO PARTICIPATE:

The following items must be turned in to the Athletic Department before participating in any practice or game in any extracurricular athletic activity.

A. Physical Examination

New Policy: A physical examination is required every two years for all Junior High and High School Athletes (7th, 9th, 10th). The physical forms are available in the athletic office or on the UIL athletic webpage. Use only the approved UIL form to record physical examinations. Club or organization forms will not be accepted. The physical covers all sports for only a two year period.

B. Athletic Department Forms Packets

1. UIL Acknowledgement of Rules 2. Personal student and parent information. This packet should be filled our completely.

C. Acknowledgement of CSCISD Athletic Handbook

The student-athlete and the parent/guardian should sign the Handbook Acknowledgement card. It should be returned to the Athletic Department. This shows receipt of the Athletic Handbook and acknowledges that the student-athlete and parent/guardian will comply with the rules and policies contained in the Athletic Handbook.

D. Academic Eligibility

A student in grades 9-12 may participate in extracurricular activities on or off campus at the beginning of the school year only if the student has earned the cumulative number of credits in state-approved courses.

Freshmen: Successfully completed junior high and promoted to high school.

Start of Sophomore year: 5 Credits

Start of Junior year: 10 Credits or earned 5 during the previous 12 months

Start of Senior year: 15 Credits or earned 5 during the previous 12 months

A student participating in UIL activities will be suspended from participation in games after a grading period in which the student received a grade lower than a 70 in any academic class. This suspension continues for 3 weeks. The grades will be reviewed at the end of the three-week period. The suspension will be removed if the student is passing all classes with the grade equal to or greater than 70.

*If a student-athlete fails 2 eligibility grade reports they can be removed from Athletics for the remainder of the academic school year. To be eligible to return to Athletics the following year- the student-athlete must pass the remaining grade reporting periods during said school year.

E. Athletic Period Scheduling

All student-athletes must be enrolled in the athletic period in order to participate in a sport and must be reflected on the student-athlete's class schedule, unless approved by the Athletic Director and Principal because of conflicting academic reasons.

F. Athletic Age Eligibility:

To participate in athletics, at the high school level an athlete cannot reach his 19th birthday before September 1.

To be eligible to participate in athletics on the junior high level, the following local and district rules shall be followed:

1. 8th grade- A student cannot have reached their 15th birthday before Sept. 1.
2. 7th grade- A student cannot have reached their 14th birthday before Sept. 1

3. Anyone repeating the 8th grade is not eligible to play on the 8th grade team.

Administration of the Program:

The administration of the CSCISD Athletic Program should provide every boy and girl the opportunity to participate in any sport. Each head coach is responsible for making sure that all students are knowledgeable of tryout procedures and individual requirements for being in all sports. No students in any grade should be deprived for the opportunity to try out to participate in any sport if he/she has met the head coach's off-season and previous participation requirements.

The general administration of the Athletic Program is the direct responsibility of the Athletic Director. This includes the arrangements of all schedules, time and place of playing games, selection of officials, and the general management of all matters pertaining to the Athletic Program. In carrying out this program, each head coach in the department shall attend to details of their respective sports.

ATHLETIC DEPARTMENT POLICIES:

1. Coaches' Rules:

Coaches may establish additional rules and regulations with the approval of the Athletic Director for their respective sports. The rules pertaining to a particular sport must be explained, in writing, by the coach at the start of the season. The coach shall administer penalties for violation of team rules. Copies of all team rules are on the file in the Athletic Office.

2. Discipline Techniques:

Discipline yourself, so other won't have too.

Each situation may require a different type of discipline. Whatever type of discipline is required, the purpose is to help student-athletes improve themselves, and to become better persons. Failure to accept this on the part of the athlete or parent/guardian may result in dismissal from the team and/or athletic program. The different discipline techniques listed below may be used alone or in combination for Student Code of Conduct and non-Student Code of Conduct violations. The listing is not intended to be a list of progressive sanctions.

- Oral/ Verbal Corrections
- Counseling by Coaches
- Parent Conference with Head Coach
- Parent Conference with Athletic Director
- Behavioral Contracts
- Withdrawal of privileges, identified by individual coach and sport
- Dismissal from Team or Program

3. Drugs/Alcohol/Tobacco:

DRUGS/ALCOHOL

*Use of drugs and/or alcohol will not be condoned. This includes, but not limited to being found guilty or pleading guilty for Minor in Possession, Minor in Consumption, Driving While Intoxicated and Under the Influence, Possession of Drug Paraphernalia, etc. A plea of "No Contest" is considered a guilty plea. Any citation or arrests that

occur on or off campus in regards to the aforementioned must be brought to the attention of the athletic department immediately. Failure to notify the athletic department may result in dismissal from the athletic program. Consequences for drugs and alcohol offenses are as follows:

First Offense- Suspension from any extracurricular activity for 30 calendar days, during which they are not permitted to practice.

Second Offense- Suspension from any extracurricular activity for 60 calendar days, during which they are not permitted to practice.

Third Offense- Suspension from any extracurricular activity for 180 calendar days, during which they are not permitted to practice.

Fourth Offense- removal from the athletic program for the remainder of his or her high school career.

**NOTE- If athlete is a one-sport athlete, their suspension will follow him/her to the following sport or following school year. Also, if the offense(s) occur in the summer, the consequences will begin during the first week of competition.*

TOBACCO:

First Offense- Any athlete guilty of using tobacco will be suspended from athletic competition for 7 calendar days.

Second Offense- Any athlete guilty of using tobacco will be suspended from athletic competition for 15 calendar days.

Third Offense- Any athlete guilty of continued use of tobacco will be suspended from athletic competition for 30 calendar days.

Fourth Offense- Any athlete guilty of continued use of tobacco will be suspended from athletic competition for a calendar year.

4. Electronic Communication:

Social networking websites and electronic communication: Maintaining a higher standard of conduct will also include ensuring that CSCISD's extracurricular participants' personal electronic communication is appropriate. The internet is a worldwide, publicly accessible form of communication. Any communication including, but not limited to, Facebook, Twitter, Instagram, Snapchat, photo sharing, or inappropriate texting that is published or appearing on the internet, is public domain even if it is marked private. Extracurricular participants are responsible for texting and electronic communications through their personal sites, as well as postings on other students' sites. The areas of inappropriateness will include, but are not limited to, language (abbreviated or alluding to negative, lewd, vulgar, or obscene comments), pictures, suggestive poses, clothing, references to gang culture, and references to alcohol, drugs, and tobacco. Communication on the internet or by electronic means by extracurricular participants that is published and a result cause disruption or damage to school district property in the CSCISD are also inappropriate. Any member of the CSCISD athletic program who is involved in inappropriate, disruptive, negative, lewd, obscene, pictures of a graphic or sexual nature, and comments on any social media networks will result in disciplinary action and/or suspension or dismissal from the athletic program.

5. Hazing/Bullying/Harassing/Assaulting:

- A.** Hazing is defined as any intentional, knowing, or reckless act directed against a student, by one person alone or acting with others, that endanger the mental or physical health or the safety of a student for the purpose of being initiated into, affiliating with, holding office in, or maintaining membership in any organization whose members are or include other students. Along the same lines, any form of bullying and/or hazing means engaging in written or verbal expression, expression through electronic means, or physical conduct that occurs on school property, at a school-sponsored or school-related activity, or in a vehicle operated by CSCISD. Bullying occurs when a student or group of students engages in written or verbal expression, expression through electronic means, or physical conduct that occurs on school property, at a school sponsored or school-related activity, or in a vehicle operated by the District and that:
1. Has the effect or will have the effect of physically harming a student, damaging a student's property, or placing a student in reasonable fear of harm to the student's person or of damage to the student's property; or
 2. Is sufficiently severe, persistent, and pervasive enough that the action or threat creates an intimidating, threatening, or abusive educational environment for a student. This conduct is considered bullying if it:
 1. Exploits an imbalance of power between the student perpetrator and the student victim through written or verbal expression or physical conduct; and
 2. Interferes with a student's education or substantially disrupts the operation of a school. Bullying of a student may include hazing, threats, taunting, teasing, confinement, assault, demands for money, destruction of property, theft of valued possessions, name calling, rumor spreading, or ostracism.
- B.** No student or school employee shall engage in any form of hazing, nor encourage or assist any other person in hazing. Acts of hazing and failure to report know hazing can result in criminal penalties and school discipline. If the CSCISD administration determines that the offense is hazing, the athlete or athletes involved will be suspended from athletics from one calendar year. (FNCC Legal) (FNCC Local)
- C.** Harassment is defined in the Student Code of Conduct as annoying or bothering someone persistently and/or constantly. Under some circumstances, a single act can constitute harassment.
- D.** Assault is defined by the Student Code of Conduct as conduct that intentionally, knowingly, or recklessly causes bodily injury to another, intentionally or knowingly threatens another with imminent bodily injury, or causes physical contact with another when the person knows or should reasonably believe that the other will regard the contact as offensive or proactive. (Defined under Texas Penal Code Section 22.01.)
- E.** Any athlete that harasses, assaults, bullies, and/or hazes another student during the school day will forfeit their right to participate until they have completed 15 miles of cumulative running or equivalent and will be suspended from participating in an athletic contest for six weeks. If the said action occurs outside of school hours and/or off campus, then the head coach and Athletic Director must be notified immediately. If an athlete does not

make his or her coach aware of the offense, then we, as an athletic department, cannot help to remedy the situation.

If the infraction occurs when the athlete is out of season, they will complete the cumulative running or equivalent, but the individual cannot participate in his or her next sport until the six weeks suspension has concluded.

F. Public Display of Affection

Public display of affection is defined as the physical demonstration of affection for another person while in the view of others. This includes kissing, French kissing, as well as hugging for long periods of time and lying on each other. Any and all inappropriate displays of affection on campus are prohibited. Common sense shall prevail in the determination of excessive PDA.

Acts such as these that take place in the locker room possibly can and will be considered hazing, harassment, and assault. Please see the previous sections for definitions or The A.D. shall determine the extent of such acts.

6. Academics:

All students required to remain academically eligible to participate. Remember “No Pass-Play. **Repeated** academic suspensions may result in dismissal from the team.

7. Attendance:

Players will attend all meetings, study halls, and team functions. When an absence occurs, notify your Head Coach as to the reasons behind the absence. In regards to make-up policies, the athlete must meet the requirements of the Head Coach. Attendance can be a reason for removal from the Athletic Program. This is at the discretion of the Athletic Director and the Head Coach.

Missed Practices/Contests:

If an athlete is going to miss a practice, that athlete or their parent (not friend) must notify their Head Coach or Position Coach before that practice. (We want to teach accountability and responsibility in our student-athletes.)

* School attendance is very important. Academics come first. We expect all players to be present in all classes, every day. We do understand that doctor appointments, dentist appointments, etc. will occur. Therefore, the daily minimum required attendance for student-athletes to be able to participate in practice or a game is four school periods. Also, athletes are EXPECTED to be present in school the day following any contest.

* No punishment will be given upon return to any athlete that misses practices or games due to illness or serious illness or death in the family. However, make-up workouts will be done upon return for failure to call ahead of time, missing practices for non-illness related reasons, and any other issues where the athlete did not make conscious effort to attend or to call in ahead of time.

*Excused absences will be one of the following: death in the family, illness (accompanied by doctor's note) school function, religious observance.

* Missing a contest for any other reason besides illness, family illness, or family death may result in suspension from the sport and from athletics in general. This will be handled case by case by the Head Coach and Athletic Director. We expect our athletes to make a commitment to their sport and not miss contests for reasons where absences can be avoided. This includes possible contests during Thanksgiving, Christmas, and Spring Break holidays.

If a student is placed in ISS:

- a. They will attend all practices.
- b. The day of the game, they do not participate that game.
- c. Repeated placement - could be removed from Athletics.
- d. Unexcused absence from athletic period.

If a student is placed in DAEP:

- a. They are NOT allowed to attend any practices for the duration of their placement.
- b. May NOT participate in any contests for the duration of their placement.
- c. Must makeup ALL missed practices and contests (coach's discretion)
- d. Repeated placement - could be removed from Athletics.

8. Squad Selection/Cutting:

In accordance with our philosophy of athletics and our desire to see as many students as possible participate in the athletic program, we encourage coaches to keep as many students as they can without unbalancing the integrity of their sports. Choosing the members of athletics squad is the sole responsibility of the coaches of those squads and teams. Prior to tryouts, the coach shall provide the following information to all candidates for the team:

- A. Extent of tryout period
- B. Criteria used to select the team
- C. Number to be selected
- D. Practice commitment if they make the team
- E. Game commitments

9. Injury and Illness

Athletic Injuries:

All athletes will be coached, instructed, and conditioned to compete at the peak of their abilities. Along with the competition and effort to acquire excellence is the reality of possible injury. Despite efforts made by CSCISD coaches and personnel to provide proper conditioning, protective equipment and safety practices, not all injuries are preventable and severe injuries can occur during athletic participation.

When an athlete is injured during an athletic event, they must inform their coach and the Athletic Trainer as soon as possible.

If the athlete goes to the Doctor or to the Hospital, they must bring back a signed note from the attending Doctor that states their injury, treatment, and length of time they will out of athletics. If the athlete has a not from a physician not to participate in athletics, ONLY a physician can release the athlete. Parent CANNOT overrule a physician's orders.

*If you must leave school because of illness contact or come by the office, coach's office or training room. If you are ill or injured, we don't expect you to work out, but if you are at school, we expect you to wear the uniform of the day and accompany your group or team unless you are given special permission by your head coach or trainer.

10. Promptness

Always be on time. On trips, the bus will not wait. After the final bell rings, you do not have time to waste; go directly to your sport. Tardiness will result in disciplinary action.

11. Disciplinary Removal

If it becomes necessary to consider removing a student from a team or the athletic program, the coach of that team will notify the Athletic Director. The student will have an opportunity to confer with the coach and the Athletic Director. Parents will receive notification and be invited to attend the conference.

12. Dress and Appearance

Everyone will wear their uniform in the same manner. All players will be properly groomed and will adhere to the CSCISD dress code. We are not individuals; we are a team and we want to look like a team. Your appearance away from the athletic facilities, especially at school should reflect the same class and pride that you show in our program. Look sharp and give an appearance of class.

Hair: Hair must be neat and of natural color. Hair will not be distracting, or prove to be a safety hazard to the athlete. (Example: Mohawk, tail, man buns, or different color hair is not allowed.) The Athletic Director will determine the appropriateness of hair color, length, style etc.

Facial Hair: Male athletes will be clean-shaven at all times while on any CSCISD campus and at any team or school function. Sideburns shall be trimmed and not extend below the lobe of the ear. Sideburns should be the same width from top to bottom.

Earrings/Body Piercings: Earrings or body piercings are prohibited while on any CSCISD campus at any time for male athletes. Female athletes will not wear earring during practice or competition. Body piercings are also prohibited while on any CSCISD campus at any time as well as on an athletic bus and at any team function.

Tattoos: Tattoos must be covered at all times.

Athletes are not to bring jewelry to athletics, practices, or games. Athletes are strongly discouraged from bringing cellular phones, iPods, PDA's, or other electronic gaming devices to any Athletic event. Students may bring cell phones onto campus but are not allowed to use cell phones during school hours. The Athletic Director or head coach of the sport is NOT responsible for any loss of personal items that may occur.

13. Quitting/Removal from Team/Reinstatement

Commitment is the backbone to a highly successful athletic program. As the coaching staff and administration at CSCISD, we encourage athletes to “finish what you started.” Perseverance leads to long term success in life.

1. There is no respect involved in quitting.
 2. The punishment phase and length is fairly severe.
 3. Success breeds success. People want to be part of a winner.
- A. Removal- An athletic cannot be dismissed from a team until their parents have been contacted. In addition to this, a meeting must be held with the athlete, the parents, the head coach of the sport, and the Athletic Director. This meeting must take place prior to removal from any team. Excessive absences, violation of the Athletic Department Policy, continuous academic ineligibility, and flagrant violations to the CSCISD Student Code of Conduct may result in removal from a team.
- B. Reinstatement- No athletic participant or reinstatement will occur until a reinstatement meeting is held. Once removed from the team and the athlete wishes to return, a reinstatement meeting involving the following: the Head Coach, the Athletic Director, the athlete, and their parent can occur. During this meeting parameters for reinstatement will be discussed. To regain full reinstatement the athlete must meet all of the parameters discussed.
- C. Quitting- Upon deciding to quit, any athlete will be given a 48-hour grace period, or cooling off period. At that time (or before then), the athlete will make a rational decision as to whether he/she still wants to quit. If still wishing to quit, the athlete must completely fill out a CSCISD Athletic Quit Form, have it signed by their parent(s) and themselves, and then hand it back to their head coach or athletic coordinator. Once the paperwork is turned in and signed by all parties, the athlete is not eligible for sport-specific practices for 60 school days. Failure to fill out a quit form properly will forfeit the athlete from participating in sports in the future.
- D. **A “QUIT” is also considered if an athlete misses 3 consecutive after-school practices or a game without prior approval of the coach.**

Compromise “Quit” Rule- If there is a compromise between coach and athlete on good terms about the leaving the team or sport, the 60-Day rule can be waived with approval from the Athletic Director. (This usually occurs only when both parties feel it is best for the overall team not to play any longer because of unusual circumstances.)

14. Multi-Sport Athletes/Simultaneous Participation in Sports

All student-athletes will be allowed and encouraged to participate in as many sports as possible. The CSCISD Athletic Department will always encourage athletes to compete in multiple sports. **THIS MAKES OUR OVERALL PROGRAM STRONGER.** Coaches will not discourage any athlete from competing in multiple sports, especially during the same seasons. Coaches at CSCISD will work closely with one another to ensure harmony and sharing of athletes amongst the staff. Coaches will work together in scheduling practices to ensure a minimal amount of multiple sport conflicts. It is highly recommended that parents be flexible when letting their children play multiple sports, yet be realistic about spreading their children too thin at one time.

The following procedures have been established:

1. Competitions take priority over practice
2. The higher-level activity has top priority (i.e. Varsity over JV)
3. District and playoff competitions take priority over normal contests
4. If the activities are roughly equal, the adult coaches/sponsors will meet face to face to attempt to reach a conclusion in the best interest of the student-athlete and school.

Once the decision has been made and the student has followed the decision, he/she will not be penalized in any way by either coach or sponsor.

15. Travel/Trips

All athletes in junior high and high school represent the community, school, and coaches. Therefore, it is expected that all will dress in an acceptable manner on trips and conduct themselves in a manner in keeping with this code. When missing classes, it is the responsibility of the athlete to see his/her teacher the day before the missed classes.

- A. All athletes will act like ladies/gentlemen, at all times.
- B. All cell phones will be collected by the head coach on out of town trips for the duration of the trip – **NO EXCEPTIONS.**
- C. All athletes will be dressed in appropriate and neat attire. Each head coach will determine the attire of their athletes.
- D. There will be no horseplay or loud noises on the bus.
- E. When we eat in a restaurant, all athletes will behave in a respectable manner.
- F. Athletes making the trip on the bus will return on the bus unless in an emergency type of situation or when parent are present and there is good reason for returning with parents. **This should always be cleared with the head coach prior to the trip** and must be accompanied with a signed Travel Release form.
- G. **Athletes are never to return with anyone other than on the bus or their own parents.**
- H. **Exceptions must be cleared with the Athletic Director.**

16. Club Sports/Non-School Participation

A club is a sport program outside of the school that is not affiliated with U.I.L. Athletics. We are very fortunate to live in a community where the high school can be the main focus. We feel our athletes' obligations are to their school team first.

We will not excuse our athletes to miss a school contest, athletic event, or practice for a club event. If an athlete pursues club participation he/she must:

1. Contact all head coaches of sports at school in which he/she is participating in.
2. Be willing to assume the consequences related to their status in the squad as a starter, 2nd string, or even dismissal, for the time participating in club activities with approval of all head coaches involved at the school.

17. Campus Behavior/Criminal Activities/Fighting

All teacher complaints will be investigated by the Athletic Department. No student will be allowed to participate in a game on the day(s) that they are in ISS. Students in ISS, In School Suspension, will be allowed to practice on the day(s) that they are in ISS. Also, as a consequence for being in ISS, they will be assessed running to the equivalence of 3 miles. The entire running will need to be completed prior to the athlete's next contest. According to state law, any student placed in the Discipline Alternative Education Program, DAEP, cannot participate in extracurricular events. Once the athlete returns to the school setting, pending approval from the Athletic Director, he or she may participate in athletics.

Criminal Activity

An athlete that is charged in connection with a felony offense will be suspended from the athletic program. Only official documentation from a court of law clearing the individual from any wrongdoing will reinstate the athlete into the athletic program. Athletes convicted of a felony offense will be suspended from the Athletic Program for 1 calendar year from the date of conviction. Any student caught stealing by school personnel will be removed from the Athletic Program for 1 calendar year. Any student who received DAEP placement for destruction of school property will be suspended from the Athletic Program for 1 calendar year from the date of referral or assignment.

Fighting

An athlete that is involved in a fight and assigned DAEP will forfeit their right to participate in their sport during their DAEP suspension. The individual may participate in contests after a meeting with the head coach of the sport, the Athletic Director, the athlete, and the parent/guardian. The athlete shall receive a reprimand and cannot participate in contests until the obligations of the reprimand have been concluded. - See Student Code of Conduct.

18. Care of Equipment & Facilities

Only athletes are allowed in the dressing room areas and restrooms. Take care of your equipment. Do not alter issued equipment. You are responsible for returning all equipment issued to you. You will be charged for all equipment not returned.

Take care of your facilities. Keep your locker room and locker clean. It is each athlete's responsibility to secure your belongings in your locker. Make sure your locker is closed

and locked at all times. Do not put your hands and feet on the walls. Cleats are not permitted in any indoor athletic facility. On rainy days, shoes should be taken off before entering any indoor athletic facility.

19. Parent Conferences

A. CSCISD will adhere to the UIL recommended protocol for parent-coach conferences. The procedure for parent-coach meeting is as follows:

1. The parent will call or email their child's coach to set up an appointment.
2. If the coach cannot be reached, contact the high school office and ask for a meeting date with the coach.
3. The parent will have a clear objective for what they expect to accomplish as a result of the meeting. This objective needs to be stated clearly and understood by the coach at the beginning of the meeting.
4. The parent will discuss only the facts, as they are understood by the parent.
5. The parent will not confront the coach before, during, or after a practice or contest. These can be emotional times for both the parent and coach. Meetings of this nature do not promote resolution of the situation, but often escalate it.

B. If the meeting with the coach did not provide a satisfactory resolution a parent should:

1. Contact the Athletic Director to set up a meeting with the Athletic Director, coach, and parent present.
2. At this meeting, an appropriate next step will be determined, if necessary.

C. The following issues are NOT appropriate for discussion with your child's coach:

1. How much playing time each athlete will be allowed.
2. Team strategy.
3. Play calling.
4. Any situation that deals with other student-athletes.

20. Disqualification of Athletes

Any athlete ejected from any contest for unsportsmanlike conduct or flagrant violations of the contest rules is subject to the following discipline.

First Offense- Suspended for the 1st half of next contest.

Second Offense- Suspended for 1 game or contest. A parent conference will take place with following: head coach, athlete, and parent/guardian.

Third Offense- Suspended from competition for the remainder of that season and a parent conference will take place with the following: head coach, Athletic Director, athlete, and parent/guardian.

ACKNOWLEDGMENT OF CSCISD POLICY

This page is to be removed from the Athletic Policy Packet, signed by both the parent and student-athlete. Once complete, the form should be returned to the CSCISD Athletic Office or to the Head Coach. This must be done prior to game competition in 2024-2025 School Year.

I have received and read the 2024-2025 Carrizo Springs Athletic Handbook. I understand and agree that in order to participate in Athletics in the CSCISD, I must comply with the policies stated in the handbook. By signing this acknowledgment form, I am also consenting to being randomly drug tested. Failure to consent will forfeit my right to participate in athletics.

Parent/Guardian Signature: _____ Date: _____

Student-Athlete Signature: _____ Date: _____

In case of conflict between the Athletic Department Manual and Board Policy or the Student Code of Conduct, the Student Code of Conduct will prevail.

No student shall be denied the right to participate in any school program because of the student's race, religion, color, sex, or national origin. "No qualified handicapped person shall, on the basis of handicap, be excluded from participation in, be denied the benefits of, or otherwise be subjected to discrimination under any program or activity which receives or benefits from Federal financial assistance." Under section 504, complaints must be handled through established channels and procedures beginning with the building principal, followed by appeal to the 504 District Coordinator, the Superintendent or his/her designee, and finally the Board of Trustees.

General Information: PLEASE PRINT

Student Name- _____

Parent Name- _____

Address- _____

City- _____

Home Phone- _____

Cell Phone- _____

Email Address- _____

CSCISD ATHLETIC QUIT FORM

I, _____, have decided, after careful consideration to my coaches and
(print name)
teammates to quit _____. I have been given a 2-Day (48 hour) period to fully
(list sport)
evaluate my decision. I feel that is the best decision for me and my teammates. I understand that I cannot
participate in practices or contests in any sport for 60 school days. I understand that by quitting again, I
will most likely forfeit any future participation in CSCISD athletics after a 60-Day school window and
return date has been established.

Athlete Signature: _____

Parent Signature: _____

Head Coach Signature: _____

Athletic Director Signature: _____

Signed and Dated: _____